

DEREEL SPOKES

Edition 19: November 2017

DEREEL NEWS

Brought to you by Dereel
Community Hub Inc. (DCHI)

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Contact Us

P.O. Box 50,
Rokewood, 3330
Online Options
dereelspokes@gmail.com
<http://dereelspokes.com>



Eight local artists exhibited their work in the Dereel Hall as part of the Celebrating Seniors: Lunch and Art Exhibition event for Seniors Week.

Celebrating Seniors:

Lunch and Art Exhibition

For a day the Dereel Soldier's Memorial Hall became a gallery as part of the Dereel contribution to Seniors Week. Lorraine Ellis (Dereel Walking Group) Lucy Osmond (Dereel Wellbeing Officer) and Lisa Hunter (DCHI/Art In Dereel) organised the event *Celebrating Seniors: Lunch and Art Exhibition* with participation of Art In Dereel artists.

More photographs on page 2:



Lorraine and Greg from the Dereel Walking Group cooking lunch.

Congratulations Carol!

Photo: Carol Moyse

Text: Lisa Hunter

Carol Moyse regularly contributes to *Dereel Spokes* with '**Carol's Bird of the Month**'. Carol was also one of the artists participating in the *Celebrating Seniors: Lunch and Art Exhibition*.

Each person viewing the art exhibition was asked to vote for their favourite artwork, with the creator receiving a voucher for art supplies from Radmac.

'New-Holland Honeyeater' (right) by Carol, won the 'People's Choice' vote.



Winner of the 'People's Choice' vote, Carol Monse.



Participating artists (left to right): Lisa Hunter, Yvonne Lehey, Caroline Everett, Sue Kirby Glynis Bryden, Carol Moyse and (front) Jeanette Brown. (Absent: Michelle DeGroot).



Richard Kaminski from the Men's Shed with the rocking horse he built. A lucky person will win this rocking horse when the fundraising raffle is drawn.



Lunch tables overlooking the Community Garden.

Celebrating Seniors: Art and Lunch



'Coffee Man' Richard with Michael Hough



Dawn and Sandra greeting people at the door.

This Month in Dereel

Melbourne Cup Morning Tea

Tuesday 7th November

This month the Dereel Walking Group are holding a Melbourne Cup Morning Tea instead of the usual community breakfast. We will have some special treats and a sweep if you want to participate. Come and join your neighbours and enjoy a fun morning.

For those who wish to walk, meet at the Hall earlier in the morning.

Walk: Meet at the Dereel Hall at 9:00am

Morning Tea: Served at 10:30am in the Dereel Community Centre Kitchen

Remember to wear your spring racing carnival attire!

Art In Dereel

Saturday 4th November, 2 pm—4pm

Some of our group are attending a workshop in Meredith this month. The rest of the group will be meeting in Dereel Community Centre to chat while working on personal art projects. All welcome.

Regular Events

Community Breakfast

Morning tea will replace breakfast in November. The next community breakfast will be on Tuesday 5th December at 8am in the Dereel Community Centre kitchen.

Come and join us for a hearty brekky and a chat to start your day for a gold coin donation.

Hub Café

2pm to 4pm Saturdays, Community Kitchen

The Hub Café offers a friendly place to meet up each Saturday. Participate in the activities or just enjoy a chat with others over real coffee, chai or hot chocolate.

Dereel Community Gardening Group

Saturday 18^h November from 2pm to 4pm:

The Dereel Community Garden is starting to look good with the fruit trees in blossom and the first seedlings planted in the vegetable garden. Help us to build and maintain the garden.

Walk and Cuppa

Tuesdays from 8:30am, Dereel Kitchen

Join the walking group on a Tuesday morning. Enjoy having a chat in the kitchen or going for a short or long walk in the local area followed by a cuppa.

Dereel Men's Shed

Wednesdays and Saturdays from 11am-3pm

New members are welcomed.

Social Support Outing Program

A range of varied outings are being offered through the Golden Plains Shire Aged and Disability Services on the third Wednesday of the Month.

Cost: \$10.70 per outing and the cost of your lunch.

Requirements: registered with My Aged Care or Program for Young People

Registrations are essential.

Please see Lucy Osmond to add your name to the attendance list as places are strictly limited.

Mums and Bubs Pram Walk

Mondays 8:50am, Dereel Hall Carpark

Join other local mums for an active walk in the local area. Prams and little ones welcome.

Note: this group doesn't meet when it's raining!

Tae Kwon Do

Wednesdays 6:30-7:30pm term time, Dereel Hall.

Family friendly classes run for all ages.

Run by Richard Van Bassen from South East Australia Tae Kwon Do.

Contact Richard on 0484 596 137.

Tai Chi

Wednesdays 7-8pm, Community Centre

Classes throughout Term 4, until 6 December.

For more information, contact Sandra: 0409 662 106

Health Checks at the Community Centre

Come and visit Lucy the Dereel Wellbeing Officer for a blood pressure check on Mondays or Tuesdays.

Walking Group Christmas Lunch

Keep an eye on the Dereel Spokes website for details about the Dereel Walking Group Christmas lunch. The Group plan to visit a local pub for lunch in December. RSVPs are essential.

For more information, please contact:

Lorraine: 5342 0492

Lucy: 5346 1521

Acknowledgements

The Dereel Community Hub Inc. would like to thank CentaCare for paying our Public Liability Insurance and covering the cost of printing the Dereel Spokes newsletter.

Around the District

Rokewood Facilitated Play Group

By Kristie Osbourne

Rokewood facilitated play group for pre-school aged children.

Where: Rokewood Community Health Centre

When: Every 2nd Friday of Term

Time: 10:30am to 12:30pm

Cost: Gold Coin

BYO snack for your child.

Conducted by a qualified early childhood educator. For more information and dates, please contact Josie Gebert on 5267 1200.

Community Planning

Projector and Screen

Under the Knowledge Sharing Community Planning project, a data projector and screen have been purchased for use in meetings held at the Dereel Community Centre and Soldiers Memorial Hall. This is available for all community groups to use.

Community Garden

The Dereel Community Garden Group has made a great start on the vegetable garden with the help of the Men's Shed and working bee volunteers.

Along with the fruit trees, the wicking beds make a visual impact when you visit the Dereel Reserve. Four of the wicking beds are now planted with a range of seeds and seedlings, including lettuce, strawberries, green feast peas, dragon tongue beans, carrots, zucchini and more.

In total there are 15 wicking beds to construct and plant so by the end of the season there should be plenty of produce!

Request for Garden Stakes

By Lucy Osmond,
Dereel Wellbeing Officer

Representatives from the Dereel walking group, community planning group and myself met to discuss marking out the walking trail around the Dereel Swamp. It was identified that we will need some gardening stakes (about waist high or taller) to assist with this.

If you have any stakes to donate toward this end, please drop them in to the Community centre on a Monday or Tuesday, or contact me:

Phone: 5346 1521

Mobile: 0409 247 237

Email: commhealth@bdnh.com.au

Christmas & New Year

Current thinking about the Summer Community Day is to have an evening BBQ some time in January to welcome in the New Year instead of a Christmas lunch. Hub Café will have a Christmas themed get together in December. More information soon.



Wicking bed 1 planted with Green Feast Peas, which are self supporting.

Submission Guidelines

Dereel Spokes is the communication arm of the Dereel Community Hub Inc. Along with news of events, we would like to publish items of interest to the Dereel community. You don't need to be a member of the Dereel Community Hub to submit an item to our newsletter.

We accept photographs and articles related to community announcements, local events, light news items, local flora and fauna, local community groups, schools, sporting clubs, agricultural organisations and any other items in the spirit of bringing the community together.

You must own copyright for any photograph you submit. Please include signed permission to publish if your photo includes a person.

Note:

We will not publish jokes, political comments or advertising. We reserve the right not to publish items we consider are offensive to the community.

Lisa Hunter
Editor
Dereel Spokes.

Email: dereelspokes@gmail.com

Mail: P.O. Box 50, Rokewood, 3330