

DEREEL SPOKES

Edition 15: April/May 2017

DEREEL NEWS

Brought to you by Dereel
Community Hub Inc. (DCHI)

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HELP NEEDED! Do you have these skills?

Regular readers will be aware of the Community Planning projects active members of Dereel Community Hub Incorporated (DCHI) have been working hard to develop. We are at a point where we need active help to continue our current activities and to plan new things for the Dereel community.

In particular, the fate of the 2017 Spring Festival depends on how many new volunteers are willing to contribute their time and skills. We seek people with the following skills:

- Event planning and project planning skills
- Administrative skills
- Community engagement skills
- Written and verbal communication skills
- Computer skills (Microsoft Office, including Excel and Word)

Spring Festival Meeting

If you would like to help to organise the Dereel Spring Festival, please come to a meeting at the Dereel Community Centre:

Monday 24th April at 7:30pm

If you are not able to attend the meeting but you would like to be involved, please contact DCHI via the contact details to the left or by telephoning Lisa on 5346 1439.

Contact Us

P.O. Box 50,
Rokewood, 3330

Online Options

dereelspokes@gmail.com

<http://dereelspokes.com>

Yellow Tomato Chutney

Ingredients

2.5 kg of yellow tomatoes – cleaned and chopped.
Peel and core them if you desire and are using large tomatoes. I used cherry tomatoes in my mix so I didn't bother.

1.5 kg granny smith apples - cored and chopped

500g onion – chopped

½ cup of golden sultanas (or any sultana /raisin in your pantry)

2 cups of raw sugar

½ cup of brown sugar

¼ cup of mustard seeds (I used half yellow and half brown mustard seeds)

1 ½ tbsp fresh ginger (chopped finely or grated)

1 tsp of cinnamon

2 tsp of salt

3 hot fresh chillies (I also added about ½ tsp of dried chilli flakes - optional)

2 large cloves of garlic

4 cups of cider vinegar

2 heaped tbsp plain flour (mixed with a little water to make a thin lump free paste – optional)

Method:

1. Combine all ingredients in a large saucepan – but not the sugar.
2. Heat until the mixture is warm, then stir in the sugar and keep stirring until the sugar is dissolved.
3. Stir frequently to prevent sticking.
4. Cook until the mixture breaks down, reduces and thickens.
5. Stir in the flour mixture and cook for a further 10 minutes.
6. Ladle into hot, sterilized jars.
7. Wipe the rims of the jars with clean paper towel dipped in boiling water to ensure a good clean seal - and seal immediately.

You can use immediately but best keep for a couple of week to 'mature'.

Use within 6 months.

Acknowledgements

The Dereel Community Hub Inc. would like to thank CentaCare for paying our Public Liability Insurance and covering the cost of printing the Dereel Spokes newsletter.



Harvesting Tomatoes

By Glynis Bryden

Well it's that time of the year again, the garden has been producing well, despite the poor spring, extreme hot days and little rain. I have been picking my tomatoes and searching for ideas as to what I can do with them all.

This year I had put in a wide variety of heirloom varieties and have found myself with an abundance of yellow tomatoes that I decided to turn into yellow tomato chutney.

This recipe was adapted from one I found in an old recipe book that I have had for years and I thought, to support our wonderful 'Dereel Spokes' and contribute as a member of the community, as we all can, I would like to share it with you all. It turned out well and I am enjoying it with a bit of crusty bread and good robust cheese. I hope you put it into your collection and try it if you find yourself with an abundance of yellow tomatoes.

Food is Free Dereel



The Food is Free launch in Dereel.

This Month in Dereel

Building Dereel Community Relationships

Tuesday 2nd, 9th and 16th May

This free program is open to everyone. It is ideal for anyone involved in, or wanting to be involved in, the Dereel community in some way.

Please register your interest with the Community Wellbeing Officer.

Computer Training Program

Run by the Haddon Community Learning Centre, Tuesday 16th and 23rd May, 10am-12:30pm

Build your computer skills in Dereel. The focus will be on Microsoft Office Word and Excel use.

Please bring your own laptop if you have one. If not, otherwise a memory stick to save your work.

Volunteer Morning Tea

Monday May 8th 10:30am - 11:30am

All Golden Plains Shire volunteers are invited to this morning tea celebrating our volunteer contribution.

Please RSVP to Caroline Jordan 5220 7216.

Community Centre Open Week

Week beginning 8th May

The Dereel Community Centre is open on Monday and Tuesday - please pop in if you haven't had a chance to visit in a while, or haven't been in before.

Art In Dereel

Saturday 6th May, 1:30 pm

The May theme is 'Trees'

Bring an art related item for "show and tell" with the group—your own work or the work of an artist you admire. The definition of art is broad and includes any form of creative expression (craft, performance, writing, music etc).

After the theme is discussed, we work on our own art projects and enjoy a social chat.

If you are interested in art and would like to be involved, you are most welcome to attend.

Regular Events

Walk and Cuppa

Tuesdays from 8:30am, Dereel Kitchen

Come and join the walking group on a Tuesday morning. Enjoy having a chat in the kitchen or going for a short or long walk in the local area followed by a cuppa.

Community Breakfast

8am, first Tuesday of the month Dereel Kitchen -

On the first Tuesday of the month the walking group holds a breakfast before the walk. Join us for a hearty breakfast. Cost: a gold coin donation.

Hub Café

2pm to 4pm Saturdays, Community Kitchen

Note: The Hub Café will not run on Saturday 22nd April

Catch up with other local people for a chat over real coffee, hot chocolate or chai. The Hub Café offers a friendly place to meet up each Saturday.

Dereel Camera Crew

First Tuesday of the month at 7pm in the Hall

Second Saturday of the month at 2pm

The Dereel Camera Crew hold a social night on the first Tuesday of the month for photography chatter. This is followed by a practical session on the second Saturday of the month, where ideas can be tested.

Free Community Tutoring

Tuesdays within school term from 5pm to 6pm

If you want help with your studies, or just want a time to focus on homework, please come in. Local people with knowledge about school subjects are available to help.

Health Checks

Third Monday of the Month 2-4pm, Community Centre

Book into a 15 minute session to have your blood pressure checked by the Community Wellbeing Officer or come along on the day.

Tai Chi

Thursdays 7-8pm, Dereel Community Centre

During term time Sandra Pearce of Lilac Moon Tai Chi runs classes for a small fee. Contact Sandra: 0409 662 106

Meditation

Wednesday evenings, 8pm, Community Centre

Led by Clio Ellis-Perez. Cost is a gold coin donation to cover room hire. Please contact Clio to confirm your attendance prior to the day: 0450 258 355

Dereel Men's Shed

Wednesdays and Saturdays from 11am- 3pm

New members are welcomed.

Dereel Community Gardening Group

2pm to 4pm on the third Saturday each month:

Meeting and working bee. Everyone welcome.

Carol's Bird of the Month

By Carol Moyse

This month's local bird species is the Laughing Kookaburra. Photographed in Dereel.



© Carol Moyse

Dereel Camera Crew

Social Nights

In addition to meeting on the second Saturday of each month, the Dereel Camera Crew have decided to hold a social night each month.

This is open to local people who are interested in photography. You do not need to be a member of DCHI or of the Camera Crew to attend. Bring your camera, your questions about photography, some examples of photographs you love (your own work or a photographer you admire) and chat about any aspect of photography. Food is supplied.

The next Camera Crew social night is planned for Tuesday 2nd May at 7pm in the Dereel Hall.

DCHI Membership

Dereel Community Hub Inc. (DCHI) are seeking new members to help us implement the various activities we currently run, and new initiatives we would like to run. Our current activities include:

- Writing, folding and delivering *Dereel Spokes*
- Running the Hub Café each Saturday
- Offering Free Community Tutoring each Tuesday within school term
- Coordinating the Community Planning projects on behalf of the wider community
 - Community Garden
 - Community Spaces
 - Pop-up Shops
 - Art Spaces
 - Knowledge Sharing
 - Develop the Swamp/Lagoon
 - Maps, Signage and Brochures
- Enabling like minded people to meet for various interest groups:
 - Art in Dereel
 - Meditation
 - Dereel History
 - Camera Crew
 - Dereel Community Gardening Group
- Overseeing the Dereel Food Is Free stand

As a group, we aim to be a positive and enabling organisation which supports the Dereel community in an active way. Our mission is:

To serve as a hub to strengthen the community of Dereel and surrounds through cooperation

Our membership form is in the Dereel Community Centre and also on our website:

<https://dereelspokes.files.wordpress.com/2015/11/membership-application-v1.pdf>

Submission Guidelines

Dereel Spokes is the communication arm of the Dereel Community Hub Inc. Along with news of events, we would like to publish items of interest to the Dereel community. You don't need to be a member of the Dereel Community Hub to submit an item to our newsletter.

We accept photographs and articles related to community announcements, local events, light news items, local flora and fauna, local community groups, schools, sporting clubs, agricultural organisations and any other items in the spirit of bringing the community together.

You must own copyright for any photograph you submit. Please include signed permission to publish if your photo includes a person.

Note:

We will not publish jokes, political comments or advertising. We reserve the right not to publish items we consider are offensive to the community.

Lisa Hunter
Editor
Dereel Spokes.

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